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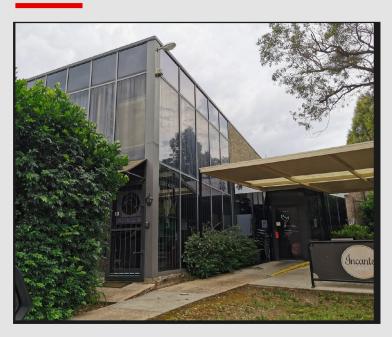
- Your 1 week unlimited Free
 Trial is for 1 consecutive
 week only, and cannot be
 broken up over multiple
 weeks. All trials are for
 consecutive weeks, and
 cannot be broken up over
 or extended.
- Your Trail Period starts from your first class attended.
- O3 Trials are available to New Students only, and cannot be repeated once attended.

VISIT US AT

Unit 1
6 HUME ROAD
SMITHFIELD NSW 2164

ABOUT US

Koryo Martial Arts and Muay Lao Academy offers effective martial arts training for real people in a fun, safe and friendly environment. Including, Taekwondo, Kick Boxing, Self Defence, Weapons, Kids, Adult and womens only classes.



www.sydneymartialarts.com.au

Contact Master Ben More Information:



YOUR TRAING SCHEDULE

TERM DATES

2022

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TERM ONE

Monday 31 January TERM 1 STARTS training resumes
Friday 8 April TERM 1 ENDS training break begins

TERM TWO

Tuesday 26 April TERM 2 STARTS training resumes
Friday 1 June TERM 2 ENDS training break begins

TERM THREE

Monday 18 July TERM 3 STARTS training resumes Friday 23 September TERM 3 ENDS training break begins

TERM FOUR

Monday 10 October TERM 4 STARTS training resumes
Friday 20 December TERM 4 ENDS training break begins



2022 TIMETABLE

KORYO MARTIAL ARTS AND MUAY LOA KICK BOXING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5.30 pm	5.15pm	5.30 pm	5.15pm	5.30 pm
Under 5's	Under 5's	Under 5's	Under 5's	Junior Children
Introduction Martial Art	Introduction Martial Arts	Introduction Martial Art	Introduction Martial Arts	Kumdo Sword
6.10 pm	5.45 pm	6.10 pm	5.45 pm	6.15 pm
Junior Children	Junior Children	Junior Children	Junior Children	Open Family
Taekwondo	Hapkido	Taekwondo	Hapkido	Mixed Martial Arts
7.00 pm	6.30 pm	7.00 pm	6.30 pm	7.00 pm
Teen and Adult	Junior Children	Teen and Adult	Junior Children	Open Sparring
Taekwondo	Muay Lao Kick Boxing	Taekwondo	Muay Lao Kick Boxing	Taekwondo
8.00 pm	7.30 pm	8.00 pm	7.30 pm	8.00 pm
Teen and Adult	Women Only	Teen and Adult	Women Only	Open Fight Night
Hapkido	Mixed Martial Arts	Hapkido	Mixed Martial Arts	Muay Lao Kick Boxing
8.50 pm	8.30	8.50 pm	8.30	
Teen and Adult	Teen and Adult	Teen and Adult	Teen and Adult	
Kumdo Sword	Muay Lao Kick Boxing	Kumdo Sword	Muay Lao Kick Boxing	

Junior Classes	Mini Classes	Teen and	Women Only	Open Family
for Children	for Children	Adult Classes	Classes for all	class for
under 14	under 5	for over 14's	ages	entire family